PYRAMID EDUCATIONAL CONSULTANTS

Lesson: Chicken Nuggets

Description: It is important to teach our learners to prep simple meals and snacks as cooking and food prep play a role in our life forever. Here is an example for teaching learners to make chicken nuggets or chicken tenders.

Materials: Oven/Microwave/Toaster Oven, Chicken Nuggets, Dips/Sauces (e.g., BBQ, Honey Mustard, Ketchup, Ranch, etc.), Plate, Napkin, Baking Tray/Aluminum Foil, Oven Mitt

POTENTIAL LEARNING OPPORTUNITIES – You DO NOT need to do these all at once. Remember you can complete the activity multiple times and focus on the same or different learning opportunities each time you do the activity. Look below or brainstorm your own learning opportunities and select a few to focus on when working with your learner.

Requests	Comments	Directions	Possible Behavioral Tolerance opportunities	Other Learning Opportunities
-Chicken Nugget or Chicken Tender -Microwave/Oven/ Toaster Oven -Plate -Napkin -Aluminum Foil/Baking Tray -Dip/Sauce or specific type (Ranch, BBQ, Honey Mustard, Buffalo, etc.) -Help -Open/Close -Look -Do you like it? -Where is _____? -Can I cook _____? -Specific number (e.g., I want 5)	-Yum! -It's hot or It's cold -Yes, I love chicken nuggets -I'm hungry -Delicious -I have_____ -Smells _____ - I don't like it - I ate them all! - It tastes _____ - It's crunchy / soft	-Responds to name -Throw it away -It's in the _____(e.g., fridge) -Close the ____ -Open the _____ -Look _____ -Stop -Get the _____ -Put the ____ here	-Waiting for the nuggets to bake -Hearing "no" and accepting an alternative (e.g., "No Burger King right now, but you can make the dino nuggets.") -Checking schedule and transitioning to kitchen or cooking area -Responding to "yes" or "no" to different things they might want/not want or need/not need while cooking or eating	- Setting and using a timer -Turning on/off or safely learning to use the microwave/oven/ toaster oven -Counting out a quantity or serving of nuggets from package -Independently setting up and getting needed materials -Wiping down counter/table after eating and putting dishes into sink, trash into trash can, sauces back into fridge - Place dirty hand towel /oven mit into the washer and turn on the washing machine