



## Lesson: Going to the Playground or Park

**Description:** Below are a variety of learning and communication opportunities that can potentially be created when playing at a local playground or park.

**Materials:** This will vary based on what is available at the park/playground you are visiting and what supplemental items you bring to the park. Options for supplemental items include bubbles, balls, frisbee, blanket, snacks, hula hoop, jump rope, scooter or bikes, side walk chalk.

**POTENTIAL LEARNING OPPORTUNITIES** – You DO NOT need to do these all at once. Remember you can run the activity multiple times and focus on the same or different learning opportunities each time you do the activity. Take a look below or brainstorm your own learning opportunities and pick a few to focus on when working with your learner.

Requests	Comments	Directions	Critical Skills	Other Learning Opportunities
-Playground/Park -Slide -Swing - Misc. Items: bubbles, balls, frisbee, blanket, snacks, hula hoop, jump rope, scooter or bikes, sidewalk chalk. - Play Structure / Equipment - Monkey Bars, rings, rope net, see saw, climbing wall, spinning toy, teeter totter, bridge -Friends (Proper noun by name) -Chase / Hide and Seek -Wh? Where, What - Push (Direct others) -Want / Don't want -Play with me	-Yes, Yeah, etc. -I like... -I don't like -Looks + _____ -Fun -It's _____ -Expresses emotion - "I feel _____" - Weather "It's warm, cold, sunny, etc" -Conversational bid about playground topic "my favorite toy is _____, etc.) -Respond to questions	-Stop -Go -Take or Get the _____ -Orients to name ** These can be vocal direction or picture direction	-Work on short term waiting -Requesting Help - Answering a yes/no question - Tolerating no if something is not available and making another choice - Request Break or Termination - Transitioning to and from the activity -Following playground schedule	- Carrying items to and from playground/park -Choice making -Trying something new -Peer play -Imaginary play -Plan and participate in game -Imitating -Gross/Fine Motor Skills on equipment and with materials -Throwing out trash -Safety awareness on playground/park -Washing hands when returning inside -Offers help to other